

**Person A**

Is a 47 year old man who lives independently in Shrewsbury with some support from his sister. J had been in receipt of a five day a week day service, transport, and respite provided by Shared Lives.

A attended Greenacres for four days a week where he spent time using the small greenhouse near the farmhouse to grow plants and flowers. J enjoyed spending time following his own creative pursuits, he had designed and built a feature in the garden, using blue Lobelia as a water feature and had built a willow arch which has been incorporated into the nature walk. A did sometimes struggle with the noise levels at Greenacres and would on those occasions take himself off to the bird hide where he was able to take photographs of the wildlife.

A had a review from the Day Services Transformation team in July 2012.

Hartley's day service was for one day a week A usually spent his time at Harley's using the computer where he was able to download the photo's he had taken and put them onto disc. The photos were then used for the Handmade cards Hartley's sell, these are the bestselling item in the Enterprise range from Hartley's. A did feel some frustration at times due to the noise levels and the lack of available computers, A did not interact on a social level with the other clients.

A has had some work placements in the past mainly working in Horticulture, this has caused A some health issues, mainly Back Pain which meant that A was unable to continue working. These placements were with Green Horizons and Pathways, A also had a paid job working for an elderly couple in their garden, this fell through, possibly due to lack of on-going peer support offered to A. A is interested in working with plants but on a more design level than heavy manual work.

Computer and Graphic work has also been discussed as an option for A due to his creative skills. A is a very skilled artist and model maker, and is able to take Photographic images of a very high quality.

The reviewer identified the most important things to A are:

The opportunity to continue taking and working on his photos  
Using a computer  
Socialising with friends  
Gardening

A's original care package annual cost was £12,250.12 per year

A worked with the Transformation team who spent time developing an alternative package to meet his needs. He now accesses his local library one day a week to use the computers in a quieter, community setting. He required several weeks support from the team to walk from his home to the local Library to ensure that this new routine became embedded into his weekly programme, this is now firmly in place. A appreciates the quieter atmosphere and has become confident in using the café and other facilities on offer, taking out books and DVD's on a regular basis.

A was also supported to volunteer for a day at the Wildlife Trust; he is able to use Public transport to access this group with a pick up point in town. A obtains a great deal from being part of this mainstream group, he enjoys the conservation work and is also given the opportunity to take photographs of the locality and wildlife on the sites. A has become so enthusiastic about this work he now volunteers for an extra day a week.

A accesses Greenacres for one day a week, he has chosen to self-fund this as he does not meet the current criteria to receive a day service. A has been supported by the Transformation team to learn the bus route and is now able to travel on Public Transport out to the farm and back.

A has one day a week at home which he spends with his sister; they spend quality time together accessing a variety of trips to places of interest, A is always enthusiastic to explore new places and enjoys the opportunity to take his photographs.

A states that his week is much better now with a good balance of things to do!!

Current cost of care package – zero.

The positive benefits to A are:

- Increased independence, now able to use public transport
- Less reliance on Council based services, more use of local resources
- More local community interaction
- Increased Confidence
- Increasing personal responsibility, making decisions around daily activities, managing household budget efficiently to ensure important activities can take place.
- Feels more valued as a member of his community
- Positive steps towards employment

**Person B**

B is a woman in her mid-forties who has Downs Syndrome, she lives at home with her sister.

B had a five day a week day service from Sabrina Court, including transport via PTS. J also was in receipt of Respite 42 nights per year at Barleyfields.

B has been supported to work in The Links Café, initially she was supported by the day service staff, this has now been removed from her package and her sister arranges transport. This placement has been successful and B is now in the process of approaching voluntary organisations to find new placements that will help her to develop her skills further.

B has been offered one placement on Monday's at the Barnabus Church helping with the preparation of the lunch and then serving and clearing away.

B is currently being supported to approach Age UK to ask about a possible work placement at the Thursday Older People's group, in her local area.

Things that are important to B:

- Helping people
- Having a work placement that is supportive
- Reducing her day service provision
- Respite is important to both J and her sister to maintain the placement in the home.
- Self worth through employment
- Developing skills

B's original care package annual cost was £19,177.53

New Support Plan

Monday – Barnabus Centre

Tuesday – Day at home

Wednesday – Sabrina

Thursday – Age UK

Friday – The Links, until alternative sourced

Respite to be provided by Shared Lives

New Costs

£1772.76 Sabrina

£2,064.24 Respite 42 nights Shared Lives

Total £3,837.00